

haaya

HOUNSLOW ASIAN & AFRICAN YOUTH ASSOCIATION www.haaya.com

SPRING/SUMMER 2003 NO.5

CU 13-19 YRS OLD

NEED ADVICE ON:

connexions

- CAREERS?
- HOUSING?
- RELATIONSHIPS?
- MONEY?
- HEALTH?
- RIGHTS?

WADYA
WU2 DU
WITH YR BF?

HAAYA CAN HELP
GET IN TOUCH TODAY!

haaya

"BREAKING BARRIERS TO SHARE DIVERSITY"

editorial

IDEAS, avoidance is the best form of self-defence.

Croching with the bredren, chilling and other messy activities may be all well and good but is there a possibility of trouble?

Most constructive activities as we know require a level of organisation and sometimes that's better in somebody else's hands. May be you can do that yourself, however we at Haaya are offering to take some of that burden off your shoulders.

Obviously that's not going to be that easy, as young people are increasingly having more choices. Well is that really the case?

Well we're offering, go karting, paintball, C.V workshop, video editing a residential in Wales with; mountain biking, climbing, archery, caving and team building. Also the usual Haaya activities of football, basketball, table tennis, pool, and opportunities in developing a career in volunteer youth work. If there's anything you particularly want to do we'll see what we can do.

Within the activities we're offering you to can still be yourself, will just try to get you develop a little focus.

Summer comes and goes and sometimes it's too brief, don't let this opportunity pass you by get in touch and enjoy yourself with Haaya this summer.

- The Editorial Team

OUR Mission

HAAYA's mission is to bring out the best in young people living in and around Hounslow.

OUR Aims

HAAYA aims to provide a range of educational, sporting and leisure activities, open to all young people regardless of their ethnic or religious backgrounds. Through these activities HAAYA aims to improve the morale, achievements, aspirations and life chances of potentially disadvantaged young people.

OUR Objectives

- To establish a youth club and regular sport and leisure activities for young people
- To establish supplementary schooling and other educational and vocational activities
- To educate young people on health issues, particularly the dangers of substance abuse.
- To guide young people away from involvement with crime.
- One to one mentoring for young people from all walks of life.

If you have any comments or suggestions about this publication, or you would like to have your article published in the next issue then write in today and send it to the address below.

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Hounslow Asian & African Youth Association

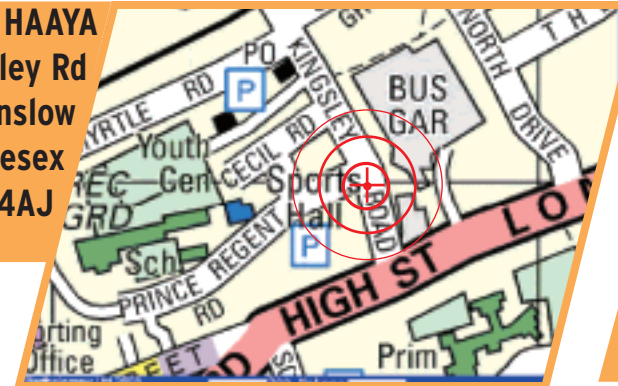
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Hounslow TW3 4AJ
Tel: 020 8569 6350
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www.haaya.com

OFFICE OPENING HOURS:
Mon-Fri 10am-6pm



haaya moves up road

HAAYA
111 Kingsley Rd
Hounslow
Middlesex
TW3 4AJ



That's right folks! We have relocated for your own benefit closer to Hounslow East Station or in some peoples case Aladdin's. Our aim to provide an even better service has therefore been achieved!

Well we at the HAAYA office believe that our new location is more accessible as unlike before, we are not hidden by mega tonnes of bricks called the Madison Heights and also we now have a bus stop in walking distance from the office.

We now have an additional service where the HAAYA team provide a one 2 one counselling room for your own privacy.

All are welcome to our new office at **111 Kingsley Road**, as long as you remember to wipe your mouths of the chilli sauce and the spicy chicken wing crumbs that you accumulate before entering sacred territory: the HAAYA office.

meet the team

Nina
GIRL'S YOUTH WORKER

Omar
BOY'S YOUTH WORKER

Roshan
YOUTH INCLUSION
CO-ORDINATOR

Suhel
PERSONAL ADVISOR
& MANAGER

Alibor
DRUGS WORKER



RIGHT NOW I BET YOU'RE SITTING AT HOME lonely, bored and reading this newsletter and thinking "What about the girls? Why is there nothing to do?" Well as always you can rely on HAAAYA to come to the rescue, the girls group has started up again!

Finally after pouring hours and litres of blood and sweat over the year plan of activities, the girls can expect one hell of an action packed year! the summer in particular.

Apart from the weekly youth club, which is now held in Brentford School for Girls, the year plan includes trips to Chessington, London zoo and also the opportunity to go bowling. How's that to tickle your taste buds!

We've done the planning; just make sure you attend the HAAAYA girl's group the rest is up to you!

MISS IT! -> MISS OUT!

What's the plan for the summer then?

Not much, only: Badminton, Basketball, Tennis, Rounders, Ten pin bowling, Arts and crafts, Oriental origami, Glass painting, Henna art, trips to Chessington, Thorpe Park, London Zoo etc,etc.

You know, just the usual stuff!

Although the address says Boston Manor Rd but, It's much easier to go down Half Acre Rd once you have got off the bus. The school is just 5-10mins walk up the road.

What to do if u still can't find it

Call me (Nina), My number's on the "Meet the Team" page.

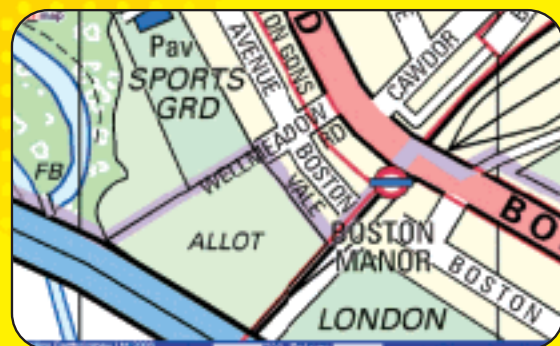
I will do my best to help you with any problems you may have.



WHERE?
Brentford School for Girls
5 Boston Manor Road
Brentford Middlesex
TW8 OPG

4.30pm-6.30pm
every Thursdays

TRANSPORT
Buses that go to Brentford School
for Girls. 267, 237, E8, H23



IF YOU THOUGHT THAT THE FIRST FILM OF THE MATRIX was confusing and complicated, well rest assure because the Matrix Reloaded will explain the rest. It's faster, its gripping and most of all its more intense.

The positive aspects of the film is that the fighting scenes are of a greater standard as it uses more computer animated effects to aid the success of the film in becoming as believable as possible.

The fighting scenes are more exaggerated to create a sense of development in Neo's skills.

The Matrix Reloaded is very successful in keeping the attention of the audience because it's constantly on the move by creating an unsafe environment filled with agents lurching around every corner. In this way it makes the audience very alert, as we are kept waiting and wondering about what will happen next.

However the Matrix Reloaded does have its negative aspects, one of them being that there are a few scenes which may be disliked as Trinity and Neo become more closer and intimate, therefore all you Keanu Reeve fans may be a little disappointed!

Another negative aspect of the film is that during one scene in particular, the battle against the replicating agents get slightly tedious as the fighting continued but it was still interesting to see the sequence of movements and steps involved in the scene.

The most annoying part of the film would have to be the end because it's to be continued!!!

So beware of the next edition of the Matrix, which is said to be released in November 2003. If you decide to watch the Matrix Reloaded I hope you enjoy it as much as I did.

Hounslow Youth Service Training Programme 2002/2003

VIDEO WORK WITH YOUNG PEOPLE

De Brome Building
 Tuesday 11th March - 7 to 9.30pm

"Hands On" experience of planning, filming, editing and post-production of a Video Film, using up-to-date digital video cameras, digital editing and internet resources.

Places limited to 9 by space & resources.
 Contact Ian MacLachlan or Mick Brent on 0208 583 2950 to reserve a place.

Youth and Community

YEAR GROUPS CATERED FOR 5-13 YEARS

keen learners
 supplementary school

Seek help with your GCSE & A'Level and excel in your academic studies!
 Subjects taught: English, Maths, Science & IT

Captain Cook Room
 Spring Grove House
 West Thames College
 London Road • Isleworth
 Every Saturday 11am-1pm

For further details call Zubair 020 8572 8310 or visit www.haaya.com

boy o boy

ABDUL AND SUNIL EXAMINED THE corridor. There were no teachers around. The coast was clear. "Where do you wanna crotch today?" Abdul asked.

"Guess?" Sunil replied. Abdul thought for a moment and then smiled. They felt like they were doing a 'mission impossible,' like a couple of movie actors; a bit like 'Tango & Cash.'

Their crumpled blue and white stripey school ties, shortened down to a few inches. "Yeah, we're cool 'n' slick" they thought to themselves as they moved across and busted into the boy's school toilets. Two other boys who were in there got out fast as they could, they knew Abdul and Sunil as the toughest boys in the school. Abdul lit a fag and sat down on a toilet seat. "This is the good life bro," he said.

No teachers ever came in here; the smell was too bad. But it didn't bother the two 'bad boyz.' They came into these toilets every Maths, Science and IT lessons, in fact they came down to crotch in the toilets whenever they could. It was as if they had grown attached to the place.

"Lessons aint important," they thought to themselves. Someone once told them that GCSEs were a piece of cake. Basically all you had to do (they thought) was start going to the lessons a month before exams, and start saying their prayers about two weeks before the exams.

"God will help us get good grades, Sunil thought.

They had their plan 'sowted'. They wanted to stay 'big.' They wanted to stay the 'bad boyz.'

"If we get to lessons, we might end up looking like Ahmad Ali" Abdul thought with worry. Ahmad was one of the best students in the class. He came to school to learn, and was going to leave with good grades. But he wasn't a 'rude boy' like them. Ahmad Ali actually got on with the teachers, tried his best at everything, even the boring subjects. He was even nice to Abdul and Sunil.

10 years later...

Ahmad Ali smiled to himself. He was the headmaster of his old school now. He took his shoes off and leaned back into his executive chair, and clasped his hands around his head. "You two did a good job with cleaning the toilets, but I think that there's still room for improvement. Now off you go"

"Yes Boss," replied the two cleaners as they walked back sadly to complete their clean up job of the boy's loo. One carried a mucky toilet brush and sponge, while the other carried a mop and bucket.

Ahmad knew these two toilet cleaners very well. He knew them more than 10 years ago as 'Tango & Cash' or Abdul and Sunil. They had been the 'rude boyz' of the school and had completely flopped their GCSEs. No GCSEs meant no jobs for them, so headmaster Ahmed offered to take them on with what he thought they had always done best: 'cotchin' in the toilet. Bunking lessons wasn't so cool after all...

Anonymous

BEING A VOLUNTEER WITH HAAYA has meant for me, work of a different approach. My role in this particular capacity is unlike any other I've ever had and this in itself is the challenge, which I set out to achieve every Friday. It is as much of a personal expectation to fulfil my role to the best of my abilities.

We, the volunteers and workers, are effectively a team

relatively new and its popularity is rapidly growing in the nation - particularly within London. At HAAYA, the numbers wanting to play basketball are in gradual increase. The youth are excited and enthusiastic. Therefore, within my specific role, I intend to be as keen in delivering a sport that is both fun and great to play. It emphasises above all the value of teamwork, which I

volunteers

perience

that is both cohesive and adaptive. We work together to attain the general objective of HAAYA, which is to positively assist with the development of the youth; we are their friends and we are basically and most simply there for them.

I particularly run and supervise HAAYA basketball sessions. It is the sport I have most predominantly been involved with, and throughout various levels. The game is

love to instruct the youth about.

When numbers get to a sufficient level, it is an aspiration of mine to utilise the time as a coaching session - after first of all confirming interest. I expect that in the near future, such interest should be there and HAAYA could form a team for competition in the Middlesex league.

coming to save **haaya**



This summer has to be different; the days are longer which gives us more time to concentrate on outdoor activities. HAAYA already provides weekly activities for ALL teenagers, which include: Snooker, Camping, Pool, Football, Self Defense, Badminton, IT, Art, Hair & beauty, Drama & Video, Rounders....These activities are provided to you, so that you can constructively use your spare time whilst enjoying it. Those teenagers who have been growing up with HAAYA will tell you about our memorable seasonal events!

RESIDENTIAL TRIP*

Not sure what you want to do this summer? Do you wish to develop your skills by having FUN? If so join HAAYA with its **SUMMER ACTIVITIES!**

They're going to save me all the effort and money of having to make phone calls to get people to go out in a crew and do something!

And sort out the transport, so I don't even have to wait for a bus!

We can give your mum their number so we don't have to deal with the stress!

They are going to make sure everything runs smoothly, so we don't have to wait an hour on the coach for the missing person!

They are going to bring people from all over our area, that way when I go to college after summer, I'm going to know many people there!

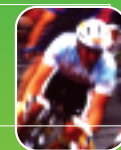
Best thing is HAAYA's summer activities are action packed.

Boys - YOUNG MEN

- Go Carting Trip • SATURDAY SCHOOL Skills workshop (CV and job application skills)
- VIDEO WORKSHOPS (The art of making a movie)
- TAFF VALLEY QUAD BIKING & Activity Centre
- PAINT BALLING (Competitive team combat simulation)

Girls - YOUNG WOMEN

- THORPE PARK TRIP October Trip to London Zoo • Football tournament
- TENPIN BOWLING - 12th August
- CHESSINGTON WORLD OF ADVENTURES - Thursday 28th August
- HAIR & BEAUTY • ARTS CRAFTS - 19 and 21st August
- RESIDENTIAL TRIP: camping... - 30 July - 3 Aug 03
- picnic at Regents Park - 5th August



Weekly activities held at the youth club free of charge, why don't you attend? Times have not been fixed for all the events as yet. For further info and booking of summer events contact:

HAYYA OFFICE
111 Kingsley Road, Hounslow
Tel: 020 8569-6350
Mob: 07947 254 494
Email: info@haaya.com

Departure and arrival will be at HAAYA Office for all activities
Limited spaces **BOOK NOW!**
All activities are free for 16 year olds



Mother & Child fun club

If you want a place where you can bring your children to have fun while you socialise, then the Fun Club is the perfect place for you!

We have a pleasant atmosphere in which your children can make a variety of fun craft activities, and there is glass painting available for the mothers also!

The Fun Club takes place weekly at the Hanworth Centre on Hanworth Road, from one till three, on Thursdays, and once a month we go for an outing to somewhere local! It really is a refreshing break for the mothers; it gets you out of the house and gives you the perfect opportunity to meet with other women with children.

Why not come down and see all the great things we have to offer? Call Sara Malik on 0208 737 0388 for more details.



that friday feeling

REGULAR ACTIVITIES

- Martial Arts
- Table Tennis
- Basketball
- Indoor Football
- Pool
- Discussions

**Every Friday
@ 6.30pm
Hounslow Youth Centre
Kingsley Road**

We also offer confidential advice and information at the youth club. log on to www.haaya.com

Have u
submitted
your article?

All young people are welcome to submit their contribution to Haaya newsletter. Your article can be on any topic of interest to you. Perhaps, you want to express views on a issue that concern you, share your knowledge and experience with others, review a film, a game a CD or an website or publish your creative work, art-work, poetry etc. This is a great opportunity to do just that. Go ahead and email that articles of yours to suhel@haaya.com or come to our regular youth session on Friday @ Hounslow Youth Centre (Boys) or Wednesday WestThames College (Girls).

drugs



Young people & the abuse of drugs in the African & Asian community in Hounslow

Research Study conducted by Alibor Chowdhury

The availability and use of illegal drugs as well as drug related crime in Hounslow has quite markedly increased in the course of the last decade. This general trend of increase has been equally mirrored amongst the young members of society.

Figures indicating the availability of drugs are no less disquieting, and in fact an official government report emphatically declared that: 'Illegal drugs are easily available in Britain, despite the large amounts of public money pumped into attempts to stem the supply of illegal drugs.'

In accordance with HAAYA's aim to educate young people on health issues, particularly in relation to substance abuse. We have conducted a research to show the pattern of drug abuse in our community.

SUMMARY OF KEY FINDINGS:

Virtually all of those interviewed had been offered or at least encouraged to use drugs.

1. 15% of them have been offered Crack and 13% of them have used it at some point.
2. 7% of the youth have tried Cocaine at some point, and 2/3rds of them used it within the last year and one third within the last month.
3. 66% of them have been offered cannabis and 40% of them have used it at some point.
4. 9% of the youth have tried solvents at some point, especially the younger age group (13-17).
5. 9% think it's safe to use any kind of drugs.
6. Over 70% of the youth knew someone using drugs.
7. 50% of them are very concerned about drugs being used in their area.
8. 85% wanted to see other steps being taken towards drugs prevention or treatment happening in their area and 83% of them wanted HAAYA to offer it.
9. 72% of them thought providing more education and training about drugs for parents and youths would be very effective.
10. 50% of them didn't know where they could turn for information, help and advice about drugs.

Currently HAAYA offers many emotional and practical interventions. These include one to one advice, diversionary activities and guidance on a variety of issues. This service decisively aims to assist and inform young people, in particular groups who at risk and in need of vital care and support.

In building on the previous findings, HAAYA aims to embark on a further research study, which will help provide a more detailed account of substance misuse in our communities. If you are an organisation or individual who would like to participate, there are many opportunities to become a volunteer or just share your experiences, contact

Alibor
DRUG RESEARCH CO-ORDINATOR
on 020 8569 6350 or
drop by at
111 Kingsley Road

Volunteers - Racism, Bullying & Street Crime

The Golden Jubilee Grants Scheme has funded HAAYA to develop an innovative project to engage with young people affected by racism, bullying and street crime. This will help HAAYA to improve opportunities for the target group of young people in the borough, including those from newly arrived communities.

We are looking to recruit motivated young volunteers to work with the most vulnerable young people in the Hounslow Community.

We require volunteers from the age of 16 to 24 to work with 8 to 18 years old.

You will be required to work 2 to 5 hours a week, especially dealing with issues of racism and bullying.

WHATS IN IT FOR YOU?

✦ Full Training and support provided by HAAYA.

✦ A possible Millennium Volunteers award of Excellence.

✦ You are entitled to claim back relevant expenses

✦ Work for your community and your own development



Hounslow Advice & Support Helpline

Under 21? Going through a tough time? Confused and no one to help?

Advice » Reporting » Help

0800 328 3113

Call us Tues or Fri » 5-10pm

Hounslow Advice & Support Helpline is a free and confidential service run by young people for young people. All the Volunteers are trained in counselling skills.

Supported by
Youth Service, YOT, HAAYA, Community Safety Partnership, MET

interview

AN INTERVIEW WITH

Suhel Miah PERSONAL ADVISOR CONNEXIONS, HAAYA

whats the job?

I work across a number of schools in the Hounslow borough as an Intensive personal adviser. I talk to young people who need help with personal problems such as family issues, drugs, money, pregnancy, and homelessness, career advice or just need some thing to do. I help young people look at alternative curriculum options and coordinate with other agencies in order to make available support for the young person.

whats a typical week?

I attend briefing sessions with tutors and talk to young people about options and upcoming events that are on my case load. I then meet the case loads individually on an appointment basis and assess each person; the case load can number up to five a day and on each one an average of 35 minutes is spent. Some need intensive support whilst others just need advice or guidance. I also provide a drop in service at the HAAYA office on certain days, where people are free to come in and ask for any advice, help or guidance. Many hours are also spent at the HAAYA office where reports have to be written.

what got you the job?

I was a voluntary youth worker for HAAYA and when Connexions came here one year ago, I done the connexions diploma to become a personal advisor.

most rewarding aspect of the job?

I am devoted to my job and the biggest buzz is seeing a young person making progression, and also when they contact me, to let me know how well things are going with them.

biggest headache?

Trying to find alternative courses for young people, who are unhappy due to the very little facilities found in the Hounslow borough. E.g. there is no motor mechanic courses available in Hounslow.



"Hello my, name is Christina. I would like to tell you how Mr Suhel Miah a connexions personal advisor has helped me since meeting him six months ago. Once a week I have an appointment with him at my secondary school. He helps me with my education and even helped me choose my options for my GCSE's next year. Before I met him I didn't even give much thought about which studies I would like to take further to help me in my future career. I didn't expect so much help; he even helped me and my family who are refugees by writing to the immigration authorities. Just a couple of months ago I had not been on any trips, but Suhel soon changed this by arranging for me to go on free trips around England, to many different places. He's polite, reliable and very understanding person. He always finds the time to come and listen to my problems. I tell him about my difficulties and he always gives me good advice. After my appointments I always feel much better. I would like to say thank you to Mr Suhel Miah, for all his support and attention he is giving to me. I also appreciate all of connexions help for guiding me through life."

Introducing Christina:

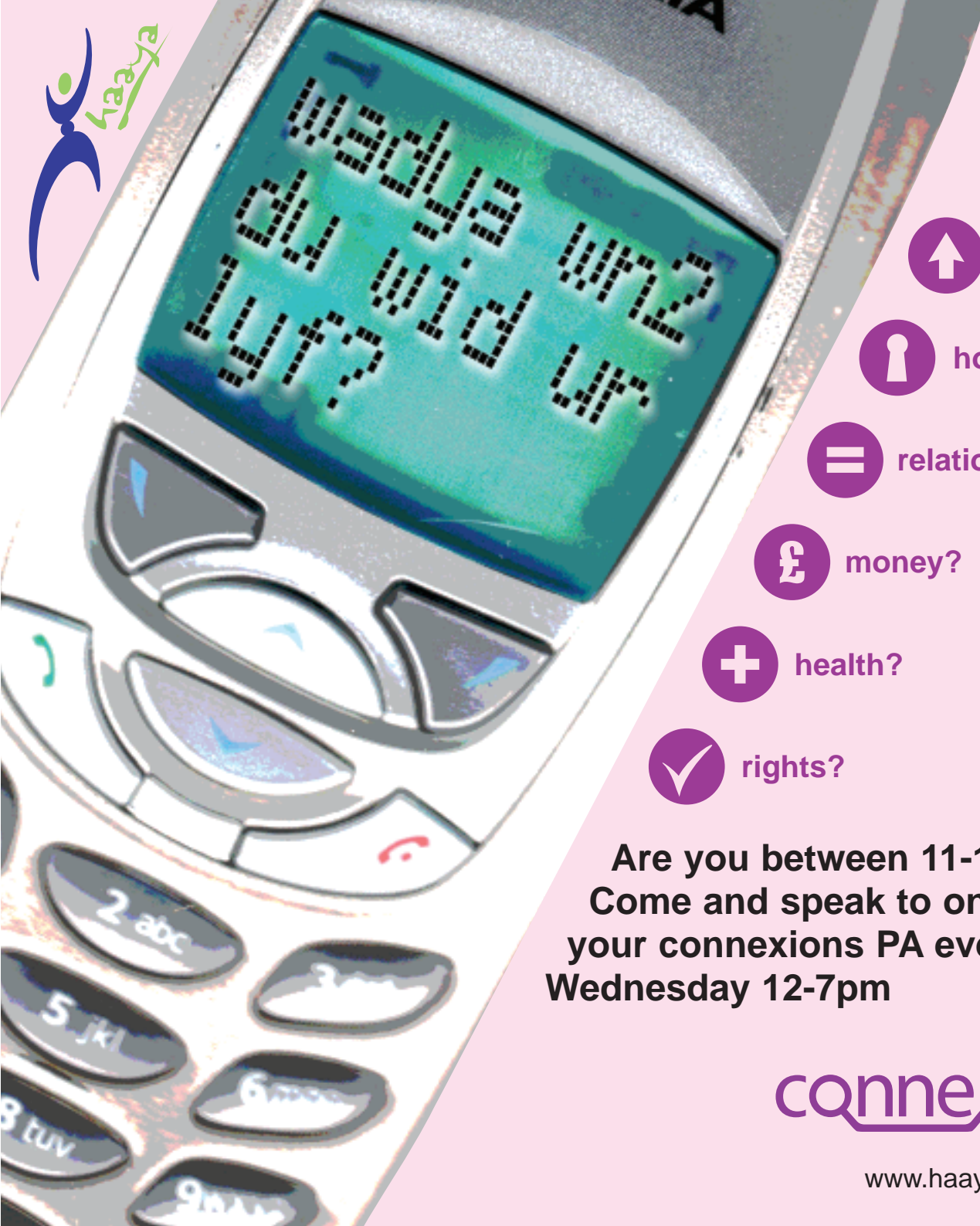
Christina a fifteen-year-old refugee's behaviour and studies had started to drop. The teachers had noticed that she was becoming non responsive and withdrawn. After Suhel met her, he got the impression

that she was an intelligent and an ambitious girl. Her actions confirmed this over the next few months as the teachers began to realise her potential. What could have been causing such stagnant progression, previous to support at school? Well clearly she had other things bothering her.

Making a Connexion:

Suhel is a connexions personal advisor in the Hounslow borough. He met Christina at a difficult period in her life at secondary school. Suhel identified that she was confused about the options of her future education. He identified that the root of her educational and behavioural problems were due to worries both at home and school.

At School she was a victim of racism, bullying and at home she constantly worried about being deported and other financial problems that are commonly faced by refugees. Suhel noticed how Christina enjoyed and was very good at art and language, He discussed her future subjects with Christina and her parents and also took Christina to have meeting with CFBT. Suhel also wrote letters to a solicitor about the families' refugee status. These actions built up Christina's confidence and she has now begun to talk much more openly about her problems. Christina has agreed to join HAAYA Summer Activities to keep her self occupied in her summer holidays; she has also agreed to do voluntary work through Suhel.



*need
advice
on...*

 careers?

 housing?

 relationships?

 money?

 health?

 rights?

**Are you between 11-19?
Come and speak to one of
your connexions PA every
Wednesday 12-7pm**

connexions

www.haaya.com